



Well Check wk1: Watch Your Step

Introduction: One of Paul’s favorite metaphors for the church is the body. One of the ways that we keep our bodies healthy is to have regular check-ups to make sure things are going as they should, and hopefully get good advice. In the same way, we need to pay heed to the advice Paul gives the Corinthians about maintaining church health.

Discussion Questions

1. Since this is the first time most of our groups are meeting, tell us the best thing to happen to you or your family this summer? What are you looking forward to most this fall?
2. Are you someone who gets regular check-ups or do you avoid the doctor? Why? Have you ever had a doctor give you suggestions about your lifestyle or health that you’ve ignored? What has to happen for you to take their suggestions seriously?
3. Read **1 Corinthians 9:27-10:6** The first half of chapter 10 is connected to the end of chapter 9. What is Paul saying about becoming “disqualified” for the prize? He uses ancient Israel as an example of people receiving God’s judgment after being “saved.” Can you lose salvation or is it possible to walk away from it? What is the purpose of using Israel and their failures in the Exodus as an example for the church?
4. Read **1 Corinthians 10:7-12** What four things does Paul say they did that we need to avoid? When you think of idolatry, what comes to mind? What “idols” are common in our day?
5. Read **1 Corinthians 10:13** What does it mean to say that “God is faithful?” How are our temptations the same as in the first century? How does a “way of escape” and “endure” work together in this text?
6. What is something that you can be tempted to build your life on besides God? How can you recognize those things and what possible “means of escape” can help you?

Shaping Your Mind – *Therefore my dear friends, flee from idolatry. 1 Corinthians 10:14*

Moving Forward – Don’t squander your greatest treasure, chasing a treasure that was never really there.