



## Well Check wk4: Consequences of Communion

**Introduction:** Of all the things that we do as part of a worship service, really only one of them is directly commanded by Jesus; remembering Him through the Lord's Supper. We must take care that it is never just something we do and not the reason we gather.

### Discussion Questions

1. Can you think of a memorial or commemoration that once had great meaning but seems to not be as impactful as it once was? Why does that happen over time? What is necessary for it to not lose its meaning or impact?
2. Read **1 Corinthians 11:17-22** What is the happening that Paul is correcting? Why is Paul so frustrated with the way they are practicing communion?
3. Read **1 Corinthians 11:23-34** How does Paul's theology of communion address the issue of division that was happening? What are some things that are "proclaimed" by our participating in communion?
4. We often spend time on personal reflection during communion, and that is certainly encouraged by Paul's words to examine ourselves, but how can an over-emphasis on personal examination miss the shared experience that we are supposed to have? How can we experience unity or togetherness in communion?
5. Paul says we shouldn't eat the Lord's Supper in an unworthy manner. Does he mean perfection or what does he mean? He also says that partaking unworthily brings judgment. Respond to that.
6. What can you do personally to make your participation in the Lord's Supper both more meaningful for you and strengthening for the community?

**Shaping Your Mind** – *For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes. 1Corinthians 11:23*

**Moving Forward** – There is room at the Lord's Table for any who would humble themselves and come.